

TO: EXECUTIVE OFFICERS – STATE BOARDS OF PHARMACY

FROM: Lemrey “Al” Carter, Executive Director/Secretary

DATE: November 21, 2024

RE: How to Earn the Wellbeing First Champion Badge for Your Board

The National Association of Boards of Pharmacy (NABP) is encouraging its member boards of pharmacy to participate in the [Wellbeing First Champion Challenge](#). The challenge, operated by the Dr. Lorna Breen Heroes’ Foundation, is one way boards of pharmacy can take steps to support pharmacy staff’s access to mental health care. Boards that verify the removal of overly broad and invasive mental health questions from licensure and credentialing applications earn a Wellbeing First Champion Badge, which serves as visual recognition that they prioritize health worker well-being.

Participating in the challenge is easy:

1. Visit the Licensing and Credentialing Reform section of the Dr. Lorna Breen Heroes’ Foundation website: <https://drlornabreen.org/removebarriers/>.
2. Click on the Take Action Now button.
3. Create an account by clicking the Get Started link above the login field.
4. You will receive an email with a link to create your password. If you do not receive the email, check your spam folder.
5. Use the guidance document in the toolkit to help you audit all applications, addendums, and peer review forms. If you identify invasive or stigmatizing language around mental health, you will need to make changes to your forms before taking the final step in the process.
6. Once you have updated the language, or if you have determined that there is no language to be changed, click on the tile titled “Submit to be a Wellbeing First Champion” to submit your application and earn your badge.
 - a. Even if your licensing applications do not need changes, you will need to submit the application to earn your badge.
 - b. It will take 5-10 minutes to complete the application.

We hope you and your board will take part in the Wellbeing First Champion Challenge. Badges will be awarded to boards of pharmacy at the 121st NABP Annual Meeting in May 2025. If you have any questions about the challenge or submission process, contact the Dr. Lorna Breen Heroes’ Foundation via email at info@drbreenheroes.org.

cc: Corey Feist, Dr. Lorna Breen Heroes’ Foundation
NABP Executive Committee
Lemrey “Al” Carter, Executive Director/Secretary